Dr. Judy Morgan's
Naturally
Healthy Pets

By adding fresh, whole foods to ANY dog food, you automatically increase the nutritional value of the food, but there are some things that need to be avoided.

Some foods to **avoid** feeding your dog:

- Raw salmon and raw trout (fish that is frozen for seven days or cooked will not pose a threat)
- Processed meats (lunch meat, ham, bacon, sausage)
- Cooked bones (unless very finely ground)
- Cooked fats and cooked grease
- Grapes, currants, and raisins
- Apricot, peach, cherry, persimmon, and plum pits
- Avocado peel, pit, and leaves
- Green tomatoes, tomato vines, and tomato leaves
- Rhubarb
- Macadamia nuts
- Nutmeg
- Onions and scallions
- Raw potatoes and green potatoes
- Chocolate
- Alcohol
- Raw dough and raw yeast
- Any food containing xylitol

Most human-grade, fresh, whole foods are perfectly safe to feed your dog.

Some foods that make nutritious toppers and treats:

- Eggs
- Sardines in water
- Lean meats
- Fresh fruits and fresh vegetables